# Arizona Department of Health Services Bureau of Tobacco and Chronic Disease

#### Fact Sheet

COUNTY	ADULT SMOKING	YOUTH SMOKING	YOUTH CHEWING TOBACCO
	Behavior Risk Factor Surveillance System (BRFSS) 2011	Arizona Youth Survey (AYS) 2010	
National %	21.2%	18.1%	7.7%
Arizona %	19.2%	14.7%	5.1%
Apache	23.5%	19.4%	12.9%
Cochise	22.9%	17.7%	7.1%
Coconino	21.8%	17.8%	9.1%
Gila	23.0%	24.6%	9.4%
Graham	20.8%	19.7%	9.2%
Greenlee	17.8%	24.6%	19.2%
La Paz	38.1%	11.6%	6.1%
Maricopa	17.3%	13.2%	4.2%
Mohave	24.3%	15.0%	5.1%
Navajo	19.7%	17.0%	8.8%
Pima	20.2%	20.1%	5.2%
Pinal	20.6%	17.0%	5.7%
Santa Cruz	26.8%	22.6%	4.7%
Yavapai	18.2%	16.3%	8.0%
Yuma	18.1%	12.5%	3.5%

#### Costs to Arizona<sup>1</sup>

- Annual Smoking Caused Health Costs in AZ \$1.3 billion
- Per Day health care costs associated with smoking is approximately \$3.6 million

### Arizona Adults<sup>2</sup>

- There are over a million adult smokers in Arizona.
- More than half of adult smokers tried to quit within the past year.
- Currently, around 2% of adult men and 0.5% of adult women use smokeless tobacco.

#### Arizona Youths<sup>3</sup>

- Student smoking steadily increases with age.
- Among current Arizona youths that have tried smoking, the average age of first use was 12.

## Harmful Effects<sup>4</sup>

- Tobacco is the leading preventable cause of death.
- Cigarette smoking is responsible for specific cancers: lung, oral cavity, pharynx (throat), esophagus and bladder.
- Cigarette smoking causes an estimated 1 out of every 5 deaths each year.

<sup>&</sup>lt;sup>1</sup>Center for Disease Control, Smoking-Attributable Mortality, Morbidity, and Economic Costs

<sup>&</sup>lt;sup>2</sup>Center for Disease Control, Behavioral Risk Factor Surveillance System

<sup>&</sup>lt;sup>3</sup>Arizona Youth Survey 2010

<sup>&</sup>lt;sup>4</sup>Center for Disease Control, Smoking-Attributable Mortality, Morbidity, and Economic Costs